5 Nations Tournament Victoria Falls, Zimbabwe December 22-23, 2019

Female Fly weight Tembo Magret (Zam) beat Mabende Mishingo (Bots) on points Female Light weight Kenosi Keamogetse (Bots) beat Monica Mnkandla (Zim) on points Female Welter weight Kesemang Aratwa (Bots) beat Prosperous Basket (Zim) on points

Fly weight Ndabezinhle Petros Phiri (Zim) beat Chitepete Abdull (Malawi) by a KO 2
Fly weight Trade Nkomozabo (Zim) beat Molatlhegu Kabelo (Bots) by split decision
Fly weight Chinyemba Patrick (Zam) beat Rajab Mahommed (Bots) by a split decision

Light weight
Light weight
Light weight
Lightwelter weight
Lightwelter weight
Welter weight
Moremi Treasure (Bots) beat Kabulika lyton of (Mal) on points
Brendon Denes (Zim) beat Katema Emmanuel (Zam) on points
Chalata Andrew (Zam) beat Seitshiro Kabo (Bots) on points
Tswiige Mmusi (Bots) beat Gwatiringa Simbarashe (Zim) on points
Zimba Steven (Zam) beat Munyanje Snowden (Mal) on points

Welter weight Kapinga Tshepang (Bots) beat Hunda Mollen on points

Light Heavy Bafana Anele (Zim) beat Jafari Ibrahim on points

Middle weight Freeman Mabvongwe (Zim) beat Mtambo Alie (Mal) by a KO
Bantam weight Molwantwa George (Bots) beat Katanga Christopher (Zam) on point

Bantam weight Maitewa Tefo (Bots) beat Lombola Daniel (Mal) by a KO

Bantam weight Mulenga Everisto (Zam) beat Kamoto Luckmore (Zim) on points

Bantam weight Zibusiso Nyoni (Zim) beat Samson Phiri (Zam) on points

Gold Medal table Standing Botswana 8 Zimbabwe. 5 Zambia. 4 Malawi. 0 Namibia 0

Best female boxer

Kenosi Keamogetse of Botswana

Best male Boxer

Patrick Chinyemba of Zambia